



Animal Communications

FALL 2001 NEWSLETTER

ANIMAL CHANNEL NEWSLETTER

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GREETINGS FRIENDS



Modern technology never ceases to amuse and amaze me. Spelling has never been my strong suit but I always felt superior to my typewriter because I could spell better than it could. Now I work with a machine that humbles me with a wiggly red line as soon as I make a spelling mistake. A wiggly green line lets me know when I have made a grammatical error, also a humbling experience.

If you are reading this you know that I have put my spelling and grammar pride aside and turned to the new machinery and know-how to have on-line newsletters. This all came about when my Webmaster asked if I was going to resume sending out newsletters after not doing so for almost two years. I told him that it was cost-prohibitive and I just couldn't afford to. He suggested going on line, we hammered out some details, and you are reading the results of our discussion.

I am delighted with the idea and hope you like this. I also hope that you will contribute stories, photos, poems, and any interesting information we can use to pass on to our readers. You will find some new features from now on such as recipes for making treats for dogs, cats, horses, and birds. If you have favorites of your own please send them to us. We would like unusual or cute photos of animals and will send you a gift coupon if we use your pictures. Please read the newsletter for details. Our next issue will give the results of the survey you filled out to register – how many of our readers have which pets.

The Memorial and Welcome Home columns will still be a part of the newsletter. It has been a long time since it was published, so if your pet was missed in these columns please let us know. We want to keep the newsletter interesting to you and appreciate suggestions for anything else you would like included. Elena is doing all the work and doing a fantastic job!

The work of an animal communicator is the same day after day: calls, lectures, workshops. However being sad, intense, fun, or informative makes the calls exciting and varied. I enjoy lectures, and just love the workshops. In my "down-time" I often sit on the deck in front of my house and watch the humming birds come to the feeders.

One evening when I was enjoying the hummer's suspended animation, I got a call from another animal communicator. I had my cordless phone with me and was chatting away when one of the tiny birds approached me. She stopped about three feet in front of me and stared in my face as her wings fluttered loud enough for me to hear the sound that gave her her name. I was beside myself with joy as I

described what was going to my friend. The bird flew off after a brief time and I went back to my conversation. After I hung the phone up and went in the house I realized that I must have been off duty as a communicator. I had not even tried to talk to the amazing little bird! Feeling quite foolish, I went back onto the deck and asked her to return. The sun had set and it was getting past the time that the humming birds visited, but I had to try. About ten seconds went by and she returned to the feeder. I introduced myself as being a safe person and assured her that I would supply fresh nectar for her and her family. I thanked her for gracing my property and hoped she would come often. When I had finished she left in a blur and returned to the tree she called home. There was no message from her, but I was overjoyed with her visit.

I'm still finding that my work, my learning and my spiritual journey are each still work in progress.

WELCOME TO THE RETURN OF ANIMAL CHANNEL



VETERINARY CARE

Anita has had the pleasure of working with many talented veterinarians across the US. Many of you have asked for names of alternative medicine veterinarians in your area. We don't keep a list but you can call the following numbers to get information on holistic and chiropractic veterinarians near you.

International Veterinary Chiropractic Association
(309) 658-2920

American Holistic Veterinary Medical Association
(410) 569-0795 phone
(410) 569-2346 fax



PHONE MESSAGE

If you call between 10:30 am and 4pm, eastern, Monday-Friday and get our voice mail, please leave a message. Jean is on a call helping another client and will call you back as soon as possible.



FRIENDS NOT FORGOTTEN

Elmer Luongo
Rupert Doerr
Derby Curtis
Alex Gerhart
Molly Kline
Toby Bishop
Tina Bowe
Tansy Bowe

Oliver Provost
Augusta Feild
Percy Girard
Chuckie Shea
Kenya Young
Milo Cummins
Toddy Bowe
Spike St. George

Alex Gerhart
Louise Allen
Hicks Dimuro
Chip LaRuffa
Allison Chimienti
Lacie Benninghoff
Sophia D'Alessandro

If we have inadvertently omitted the name of one of your animal friends, please accept our apologies. Give us a call or write us a note so we may include your friend in the next newsletter.



Honoring Our Deceased Pet

When our beloved animal friends cross the Rainbow Bridge, we are at a loss to know what to do. Our grief overwhelms us and we struggle with the pain. Our pets are very concerned about our grieving process and have kindly given us something to do that will help us AND them at the same time.

Find a white candle (taper, votive, tea light) and place it in a proper holder with extra protection (Pyrex dish, mug, etc) so that you can let the candle burn safely until it goes out. As you light the candle, say a prayer of thanksgiving (or thank your pets) for the joy they brought to your life and honor them for their journey.

As you light the candle ask that its flame may light their pathway home. Add to this any other words that may come to you. Some people like to do this once a day for three days, some more, some less. Do what feels right for you and know that the animal will feel your love.

As one horse told us, "The candles you lit and the prayers you said lighted my pathway with liquid gold."



WELCOME BACK!!

Many of you have heard me say that our animal companions can come back to us after they have passed on. This new column is dedicated to our loving friends who have returned to us. Please contact us with any names and/or stories about friends that have returned to you.

Weasel Spataro returned, is now Nickel
Percy Girard returned, is now Reggie
Ming Evon returned, is now Dodger
Punch Boyd returned, is now Leo



Laugh Lines:

Things I Really Wish My Dog Would Remember:

The garbage collector is not stealing our stuff.

I do not need to suddenly stand straight up when I'm lying under the coffee table.

If I roll my toys behind the fridge or behind the sofa, they're gone.

I can shake the rainwater out of my fur BEFORE I enter the house.

I should not eat the cat's food, either before he eats it, or after he throws it up.

It is not necessary to find the few remaining pieces of clean carpet in the house when I am about to get sick.

The bathroom wastebasket is not a cookie jar.

If I chew crayons or pens, especially the red ones, my people will think I am hemorrhaging.

When in the car, I should not insist on having the window rolled down when it's raining outside.

Since we do not have a doorbell, I don't have to bark each time I hear one on TV.

I should not steal my mom's underwear and dance all over the backyard with it.

The sofa is not a face towel.

My head does not belong in the refrigerator.

I should not play tug-of-war with dad's underwear when he's on the toilet.

If I eat mint-flavored dental floss out of the bathroom garbage, my people will think I have worms when they see a string hanging out of my butt.

I am not obligated to roll around in the dirt immediately after getting a bath.

Sticking my nose into someone's crotch is not an acceptable way of saying hello.

The toilet bowl is not a never-ending water supply.

The cat is not a squeaky toy, so when I play with him and he makes that noise, it's probably not a good thing.



Top 10 Dog Breeds

Each year, the American Kennel Club puts together the top 50 breeds registered with their club.

In 2000, the top 10 were:

- | | |
|-----------------------|----------------------|
| 1. Labrador Retriever | 6. Poodle |
| 2. Golden Retriever | 7. Yorkshire Terrier |
| 3. German Shepherd | 8. Chihuahua |
| 4. Dachshund | 9. Boxer |
| 5. Beagle | 10. Shih Tzu |



From the Kitchen

If you have a favorite recipe for treats for you pet please share them with us. Here are a few snacks we have come across. These treats are all natural, no chemicals, no preservatives or food coloring.

These make great "welcome to the family" of holiday gifts. Please remember to refrigerate treats.

HORSE

COOKIES*****

Ingredients:

- | | | |
|------------------------|-------------------------|----------------------------|
| 1 Cup uncooked oats | 1 Tsp. Salt | $\frac{1}{4}$ Cup molasses |
| 1 Cup flour | 1 Tbsp. honey | |
| 1 Cup shredded carrots | $\frac{1}{4}$ Cup water | |

Directions:

Preheat oven to 350 degrees.

Mix ingredients in bowl as listed. Make little balls and place on cookie sheets. Bake for 15 minutes or until golden brown in color.

DOG BISCUITS*****

Ingredients:

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|--|------------------------------|
| 2 Cups whole-wheat flour | $\frac{1}{4}$ Cup milk |
| $\frac{1}{4}$ Cups white or yellow corn meal | $\frac{1}{4}$ Cup wheat germ |
| $\frac{1}{4}$ Cup chicken or beef broth | 1 Tbsp. soft margarine |

Directions:

Preheat oven to 375 degrees. Mix dry ingredients in a large bowl. Mix milk and broth in another bowl. Add liquid mixture to dry and stir steadily with a spoon. Add margarine. (Add extra corn meal if mix is not of s dough consistency.) Flour board; roll dough to 1/8-inch

thickness. Use a bone shaped cookie cutter to cut cookies. Bake on greased cookie sheet for 15 to 20 minutes. Cool and serve to your favorite pup.

CAT CRUNCHIES*****

Ingredients:

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|-------------------------|--------------------|--------------------------------|
| 1 Cup whole-wheat flour | 1 Egg | 1/3 Cup powdered milk |
| 1/4 Cup soy flour | 1/3 Cup milk | 1 Tbsp. unsulfured molasses |
| 1 Tsp. Catnip | 2 Tbsp. wheat germ | 2 Tbsp butter or vegetable oil |

Directions:

Preheat oven to 350 degrees. Mix dry ingredients together. Add molasses, egg, oil, and milk. Roll out flat onto oiled cookie she and cut into small, cat bite sized pieces. Bake for 20 minutes. Let cool and store tightly sealed container.

For Out Door Birds*****

Theses mini-sandwiches may tempt Bluebirds, Chickadees, Jays, Mockingbirds, Orioles, Robins, Woodpeckers, and Carolina Wrens.

Ingredients:

- | | |
|---------------------------------|-------------|
| Peanut butter, creamy or chunky | Grape Jelly |
| 2 Slices bread | Cornmeal |

Directions:

Spread peanut butter thickly on one slice of the bread. Coat a second slice of bread with grape jelly. Sprinkle cornmeal thinly onto the jelly and thickly onto the peanut butter. Press slices together to make a sandwich. Using a sharp knife, slice into 1/2-inch chunks. Spread in tray feeder.



POISONS

Dogs and Cats are curious, hungry, and low to the ground. Keep them away from these:

- ❖ **Acetaminophen or Aspirin.** Extremely poisonous to cats
- ❖ **Antifreeze.** It tastes sweet but can cause fatal kidney damage.
- ❖ **Chocolate.** The darker the chocolate, the more dangerous to a dog.
- ❖ **Decaying Compost or Garbage.** Dogs will scavenge the unthinkable.
- ❖ **Prescription Medicines.** A human dose can be an enormous overdose for a dog or cat.
- ❖ **Rat Poison.** Evidence of internal bleeding may not show up for two weeks.
- ❖ **Slug Bait (Metaldehyde).** Can cause drooling, shaking, and seizures.

First Aid for Poisoning:

- ❖ If you know the source and can find the container, hold onto it for when you call the vet or your local poison control center for advice.

- ❖ If advised by a Veterinarian to induce vomiting, and if your pet seems normal and alert, take your pet to the kitchen or bathroom or put it into its kennel, add $\frac{1}{4}$ cup hydrogen peroxide to $\frac{1}{4}$ cup water and gently administer 1 2 teaspoonfuls of this by mouth, using a syringe of child's medicine spoon. The pet should vomit within 5 minutes; if not, administer one more dose. Do not induce vomiting if the poison is unknown. Caustic poisons can do more damage coming back up.

The ASPCA has a new poison control hotline phone number for pets.

If you have reason to suspect that your pet may have been exposed to something toxic, either internally or externally, this phone number will connect you with an ASPCA veterinarian specially trained to assist pet owners or other vets.

This is the only dedicated animal poison control hotline in the world manned by veterinarians, not telephone operators. The number is staffed 24/7.

(888) 4ANI-HELP or (888) 426-4435



OF GENERAL INTEREST

I sometimes forget that not all the readers of my newsletter are clients and that we have added new services as this business evolves. Listed below is a brief description of the services we now offer.

Consultations - \$20.00/15 min.

These consultations are all done over the telephone. I can help many more animals in a shorter amount of time this way. It is also less distracting for the animal to be in his own home environment.

Tape recording - \$5.00/tape

A tape recording of your consultation is entirely optional. If you decide you don't want the tape after having your consultation recorded, you just don't send the extra \$5.00.

Workshops - \$85.00 and up

The workshop fees can vary because of travel costs, space rental, and lunches provided.

Lectures - Mileage fee

Sponsors of the lecture may charge admission as a fundraising event. I do require reimbursement for travel expenses.

Books & Video tape- see below + \$2.00 to ship item & PA tax for PA residents.

- ❖ Anita's books: 'Animal Wisdom: Communications with Animals' and 'How to Hear the Animals' (kit) have been combined into one book: 'Animal Wisdom:How to Hear the Animals' \$15.95 (Meditation Tape \$2.00 extra)

- ❖ The Psychic Connection \$15.00

A video of interviews with animal communicators featuring Anita Curtis, Carol Gurney, Lydia Hiby, Beatrice Lydecker, Penelope Smith, and Teresa Wagner.

- ❖ Flower Essences - \$10.00 + \$3.00 shipping.

If you are unable to find flower essences in your area we are able to provide these for you. They can be mixed to suit your needs. You might be interested in a line of flower essences carried by Equilite that are designed especially for either small animals or horses. Call 800 942 LITE for more information.

- ❖ Gift Certificates - variable

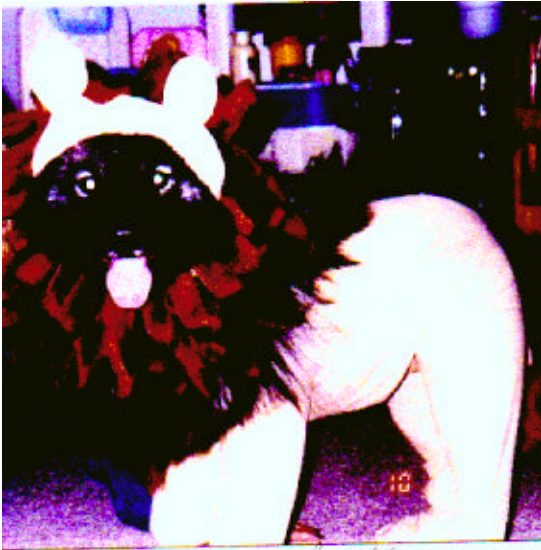
We can provide gift certificates for consultations (w/wo tape), workshops, books, flower essences, virtually any service we provide.



PHOTOS, PHOTOS, PHOTOS

Anita receives many photos from clients of their animal friends and we would like to share them with you. Starting with this newsletter we would like to ask you to send us cute photos of your animal friends. Unfortunately we can't guarantee that your photo will be printed. But if we do use your photo we will send you a \$5.00 Gift coupon good towards a discount off of any of Anita's services or products. Please don't send any original photos to insure that we don't lose your only copy. We can't take that kind of guilt!!!!!! If you would like the photo returned, please send a self-addressed envelope and we will do our best to return it to you.

Please label the picture with your name, the name of your animal friend or friends in the picture, and any caption you would like printed.



I'm ready for 'Trick or Treat' fun! Now all I need is a quick cup of courage.

Gandolf Gillis

Special thanks to his mommy LaDonna ☺



Lectures and Workshops 2001:

Here is a list of the remaining workshops for 2001.....

September 29, 30	Level I, Level II	Stockertown, PA
October 13, 14	Level I, Level II	Pittsburgh area, PA



Lectures and workshops 2002:

We are still looking for hosts and hostess for the upcoming year, if you are interested in holding a workshop and/or lecture please contact us and let us know. The Schedule for the 2002 year will be posted in the Spring 2002 Newsletter (or maybe sooner ☺). Look for upcoming information on a “swim with the Dolphins” workshop next year.